



Grand Master to Speak At Apron Presentation

By Bob Rudman

The 1985-86 Grand Lodge officers from the Monroe Districts will be presented with the aprons of their office at a dinner to be held on October 11, 1985. For the tenth year this event will be sponsored by the Masonic Service Bureau under the direction of Purple Club of the Monroe Districts.

This year's speaker will most fittingly be the person who appointed these officers to their respective positions, Most Worshipful Grand Master Calvin Bond. We will all be looking forward to one of the first visits to our area by the Grand Master for this lodge year.

The Brothers to be honored by being presented with their purple aprons will be:

- RW Gerald K. Becker, District Deputy, 1st Monroe
- RW Martin J. Reitz, District Deputy, 2nd Monroe
- RW Jack S. Thibaut, Grand Steward
- RW Alexander Arthur, Jr., Grand Director of Ceremonies.

These brethren have accepted jobs which will be demanding of time and talent. They deserve our support as they start this most important year.

This year's dinner will be held at the Burgundy Basin Inn with a social hour starting at 6:30 p.m. and buffet dinner at 7:30 p.m. (the buffet will be the new International Buffet featuring prime rib of beef, seafood newburg, chicken, rigatoni, salads, dessert, etc.)

The price for this evening will remain at \$15 per person and checks should be made payable to Masonic Service Bureau. Masters of all Lodges will have tickets but no tickets will be sold at the door.

As always, we hope that all friends of those being honored will feel welcome whether they are part of the Masonic community or not. Any questions can be directed to Bob Rudman, 352-6160.

Bro. J.P. Branigan Visits Ireland Grand Lodge

W.: Brother James P. Branigan, Past Master of Social Lodge #713 and a member of Charlotte Lodge #1088, visited Ireland in June. While there he attended on June 6, the Grand Lodge of Ireland. He was greeted by the Grand Master and in response Bro. Branigan extended fraternal good wishes on behalf of our Grand Master and the Masons of Monroe County. Bro. Branigan also attended on June 19, the Supreme Grand Royal Arch Chapter of Ireland which met in Freemasons' Hall, Dublin. Thanks to Brother Branigan, the Monroe Masonic News is read in Ireland because he forwards copies to his friends in the Emerald Isle.



"Most Worshipful Grand Master Calvin Bond"

GRAND LODGE

Facts From the Deputy Grand Master

By R.W. Robert C. Singer

FACT SHEET ON THE PROPOSED GRAND LODGE \$5 PER CAPITA FEE INCREASE

BACKGROUND

Grand Lodge has one principal source of operating funds -- per capita dues (presently \$4.25 x current membership of 141,551), and we are losing about 5,000 members a year.

The remaining \$3.25 of the present \$7.50 per capita dues is mandated by the Constitutions for the use of the Trustees of the Masonic Home. It cannot be touched by Grand Lodge. (It has been suggested that this amount can be taken as a tax deduction to a charitable organization, if the Lodge secretary so indicates on each brother's dues envelope or statement.)

Recently, Grand Lodge has operated "in the red" on its annual budget. We have dipped into our reserves, but only an amount equivalent to one year's budget remains as a reserve. It is not an adequate reserve.

Grand Lodge per capita dues should have been substantially raised several years ago. The last increase was 75 cents in 1981, which was not enough, given the impact of inflation on costs and the declining revenues from a falling membership.

It is clear that a substantial increase is critically needed now, if Empire State Masonry is to upgrade its operations to meet the needs and demands of its constituent members, respond to external challenges and move forward with the times.

THE VOTE AT GRAND LODGE IN MAY, 1985

At a series of meetings in the Spring of 1985, the Grand Line and the Board of Grand Masters discussed in detail the over-all financial picture, and agreed that a significant increase in per capita dues was essential. It was the majority view that a total of \$5 was needed, and this was to be derived from a \$3 increase and a transfer of \$2 from the Trustees' portion. The day before Grand Lodge convened, the Constitutions Committee considered this proposal and decided not to touch the Trustees' money, in view of the potential from problems with government agencies that administer funds paid to the Trustees for the operation of the Home at Utica. Accordingly, it was moved to amend the original proposal by making the dues increase \$5 instead of \$3.

It was obviously a surprise to the Grand Lodge assembled to learn, with virtually no advance notice, that they would be voting for the first time on a \$5 increase in per capita dues. This move undoubtedly came as a shock to a substantial number of attendees who had previously been told by the Grand Line that a vote would be taken on the "\$3 & \$2" proposal. Nevertheless, the first consideration by Grand Lodge resulted in the approval of the \$5

Continued on Page-2

Interfaith Service To Be Held November 24

The Interfaith Service and Breakfast will be held on Sunday, November 24th this year at the Rochester Masonic Temple. The featured speaker will be R.:W.: A. Lou Copeland, Deputy Grand Master of the Grand Lodge of Canada in the Province of Ontario, who will become their Grand Master this Summer.

The service and breakfast this year will also be the concluding event of the Scottish Rite Family Week. Other details will be covered later this Fall, so for now simply mark your calendar for November 24th 1985.

Charles E. Daycock
Chairman

Grand Lodge F. & A. M.

Elected Grand Officers

At the Two Hundred Fourth Annual Communication of the Grand Lodge of Free and Accepted Masons of the State of New York, held in Masonic Hall, City of New York, on the 8th day of May A.L.5985, the following brethren were elected, installed and proclaimed GRAND OFFICERS for the ensuing year:

- M.:W.: Calvin G. Bond
Grand Master.
- M.:W.: Robert C. Singer
Deputy Grand Master.
- R.:W.: Roswell T. Switts
Senior Grand Warden.
- R.:W.: Robert H. Bahn
Junior Grand Warden.
- R.:W.: Emanuel Kreisel
Grand Treasurer.
- M.:W.: Wendell K. Walker
Grand Secretary.

all except the Grand Treasurer having been re-elected.

Service and Rehabilitation Committee

By Warren Trimble

Canandaigua V.A. Hospital
Reps. and Volunteers --
PLEASE NOTE:

Our schedule:

- Sunday, October 6.
- Sunday, November 3.

We will meet in the Auditorium of Building #5, at 12:30 p.m. Brothers and Sisters who have not before volunteered are welcome. Be certain to register. This is our opportunity to remember and to bring cheer to those who have given so much for us.

Warren Trimble
Service and Rehabilitation
Committee.

Christmas Trip To Masonic Home December 14

By Harry H. Kennedy

Get your shopping done early so that you can plan to join with us to bring cheer to our guests and enjoy the dinner and outstanding Christmas display at Trinkaus Manor.

Cost per bus -- approx.
\$12.00

More details in October.

In Memoriam



Most Worshipful
Ernest Leonardi

Grand Master
of Masons in the
State of New York

1982-1984

- Translated -
31 May 1985

In Memoriam

It is with sadness that we report the passing of "Lady Joe" Leonardi on Thursday, July 25, 1985, the beloved wife of our late Grand Master Ernest Leonardi.

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BUCKLE UP FOR LIFE!

SK Ned E. Dull Completes 9 Years On Grand Line

By S.K. Gordon Mosher

The 56th Triennial Grand Encampment, Knights Templar USA convened at Cincinnati, Ohio, August 10-14, 1985 (A tradition begun in 1816).

Most Eminent Grand Master SK Ned E. Dull completes his term of office after 9 years of service in the Grand Line.

The New York Delegation, led by SK Steven L. Wing, Gr. Commander and SK Alex P. Montaudes, Dep. Gr. Commander met with 74 members of the N.Y. Delegation to honor the Drill Teams of Sir Knights and Ladies of Bethlehem-Crusader #53 for their special part in the Drill Team Competition and Presentation. SK Warren H. Deck, P. Gr. Commander was chairman of the luncheon with P. Gr. Master Wilbur Bell (Eye Foundation Chairman) as the very enjoyable speaker.

Dale Evans (Rogers) was the key speaker and guest at the Ladies luncheon.

From Rochester, Cyrene #39 KT delegation were SK Fred Holderle, PC; SK John Perrin, HPC; SK Vincent Blodgett MS and SK Gordon Mosher, PC and Grand Rep. of the State of Ohio, scene of the Triennial.

Elected; Grand Master Of Grand Council



Most Illustrious Raymond Beardsley

At the Annual Assembly of the York Rite Grand Council held at Cooperstown, New York, on August 14-16, Raymond R. Beardsley was elected the Most Illustrious Grand Master of the Grand Council of Cryptic Masons of the State of New York.

Having been elevated to this office of great honor in York Rite Masonry, Beardsley is recognized as a Masonic leader not only in New York but throughout the United States. In his capacity as Grand Master, he is the ruling officer over all of the Councils throughout New York and along with the presiding officers of Grand Lodge, Grand Chapter and Grand Commandery oversees the activities of the York Rite Bodies in New York.

M.I. Beardsley has been active in Masonry throughout the Monroe Districts. His record of service and accomplishments played an important part in his being elected to the Grand Council Line in 1980. He is a member of Northfield Lodge No. 426 in Pittsford, which he served as Worshipful Master in 1978. In the York Rite Bodies, he has served as Excellent High Priest of Hamilton Chapter (1979), Illustrious Master of Doric Council No. 19 (1978-79), and Eminent Commander of Monroe Commandery No. 12 (1977-78). In 1979-80 he served as the District Deputy Grand Master of the Second Monroe District and also in the same capacity of DDGM of the Eighth Cryptic District of Grand Council. He was elected to Genesee York Rite College No. 25, serving as Preeminent Governor in 1978-79; Genesee Council No. 51 of Allied Masonic Degrees, serving as Master in 1981; Empire State Priory of Knights of the York Cross of Honor and the New York College of Societas

R.:W.: Jack S. Thibaut
Grand Steward

I would like to take this opportunity to greet each of you and I hope you and your families have had a wonderful summer. As our fall season begins I urge you to attend your lodge and its functions and I am looking forward to seeing you as we visit your respective lodges.

Don't forget our continuing theme "Communication." Communicate with your brothers and with others. Let them know of our aims and activities that they also might want to join us and become an active part of our great fraternity.

Attention All Bowlers:

The 20th annual New York State Masonic Mixed Tournament will be held in Rochester this year on Saturday and Sunday, October 26th and 27th at Clover Lanes. This is strictly a fun tournament with a banquet on Saturday evening. One male participant on each team must be a member in good standing of the Masonic Order and one female must be a member in good standing of a ladies concordant Masonic body. For the doubles, only one partner needs to be a member. For further information and entry blanks contact Bob Zahn, 381-3032; Carol Hedges, 586-0238; or Holger Krogemann, 342-4106.

Rosicruciana In Civitatibus Foederatis. Beardsley is also a member of the Valley of Rochester Consistory of the Scottish Rite, Damascus Temple of the Shrine and the American Lodge of Research. He served as President of the Purple Club of the Monroe Districts in 1982-84 and has been Secretary of the Board of Trustees of Rochester Temple Civic Center since 1981.

With his wife, Lila, they are members of Fairport Chapter No. 444, OES; Stebbins Court No. 16, Amaranth; Bethany Shrine No. 1, White Shrine of Jerusalem; and the Genesee Valley Chapter No. 46 of the National Camping Travelers.

The Beardsleys reside at 32 Kurt Road in Perinton and are members of the United Church of Pittsford, where he serves as Treasurer. They have four children: Janet, Elaine, Linda and Raymond II and have also achieved the status of grandparents with two granddaughters: Marie and Melissa.

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Continued from Page-1

Facts From the Deputy Grand Master

proposal. It will be submitted to a second and final vote in May, 1986 at Grand Lodge, and if passed will require the payment of per capita dues of \$12.50 in March, 1987 on lodge members on the rolls as of December 31, 1985.

REASONS FOR THE PER CAPITA INCREASE

During the past year, meetings have been held in each District and at the Regional level to elicit grassroots ideas for consideration by the special Long-Range Planning Committee. A preliminary report of this information-gathering process was given by the Chairman at Grand Lodge. Running through the District and Regional reports and the Committee's own deliberations were several ideas and suggestions. Significantly, all of these would cost money -- money not currently available in the Grand Lodge budget.

Here are some reasons why the proposed dues increase is needed:

1. You have expressed a need for a completely new Statewide communications program, possibly employing paid advertising, to tell the story of Freemasonry to the general public. It would have to be created and carried out by professionals, and would cost money which we do not have. Some elements of this program might include:

- new brochures and booklets
- an audio-visual presentation for use in the Lodge and with outside groups
- a stepped-up "outreach" program involving speakers' kits
- paid advertising in print, broadcast and billboard media
- the issuance of press releases and background press material tied-in to Lodges at the Community level
- the preparation of a series of public service TV and radio spot announcements

2. Augmentation of the Grand Lodge headquarters staff is necessary, to replace personnel in the Grand Secretary's office who have left, due to retirement or death, and were not replaced. One or two of these new staff people would specialize in servicing District and Lodge needs, assisting Lodge officers with programming and other problems. As necessary, they would be available to travel across the State on trouble-shooting assignments.

3. It is a time for a revamping of the Empire State Mason magazine, eliminating advertising and devoting the entire 32 pages (or more) to Masonic editorial material. District news would be restored. The 50-cents-per-capita present allotment would have to be increased to 75 cents to cover the entire cost of this revised format.

4. Our internal communications require the creation of a new monthly Grand Lodge Newsletter, a 4-page, offset publication to be sent to all Grand Lodge officers and committeemen, as well as to each Worshipful Master. Its contents would include current news, a message from the Grand Master, a schedule of coming events, special articles, etc. This Newsletter would eliminate the need for the many mailings each month, and concentrate attention on the most important developments.

5. The computerization of Grand Lodge records has to be continued and expanded to include a complete registry and other information of use to Grand Lodge and individual Lodges.

6. A fund should be established to assist Lodges whose temples are in serious financial difficulty. A loan system should be set up to "bail out" local situations until a permanent remedy is found.

7. The movement of the Annual Grand Lodge Communication to locations other than NYC, if approved on the second vote in 1986, would involve increased costs that would have to be met from the per capita dues.

8. The need to increase the reimbursement of travel expenses of Lodge representatives attending the Annual Communication of Grand Lodge must be considered.

9. Grand Lodge participation in the State Fair and County Fairs should be increased through additional funding and the creation of professionally-designed displays.

10. The present educational programs should be revised and expanded. This would entail preparation of new printed materials for distribution to Lodges.

11. There is a need for an Assistant to the Grand Master to help with the great volume of correspondence and other administrative chores. A paid staff position.

These are just some of the activities and projects that should be undertaken and which cannot be done unless the \$5 per capita dues increase is passed. Failure to do so would greatly curtail Grand Lodge activities, and make it very difficult to achieve the desired "turn-around" of Freemasonry in New York.

IT SHOULD BE NOTED THAT NO MENTION HAS BEEN MADE OF NEEDED IMPROVEMENTS IN MASONIC HALL AT 23RD STREET IN NYC. The title to this property is held by the Trustees who maintain and manage it, and no part of Grand Lodge dues, present or future, can be used for this purpose.

The Grand Line and Past Grand Masters support the \$5 per capita increase as a necessary move at this time.

Freemasonry is being attacked by many church organizations and other groups today around the world. Our answer must be a positive program of correct information about the Fraternity. If we want a thriving, growing Craft in the next few years, we must have the financial resources to meet this challenge. It is up to each of us to carry this message back to the officers and members of our lodges.

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1st Monroe District Deputy Grand Master



My Brethren:

It is with anticipation that I await the opening of our lodges for the fall session. It is also with great pride that I serve you as D.D.G.M. 1st Monroe. I will be available to each of you when I am needed. Please feel free to consult with me.

Our Grand Master has many goals for us to fulfill. We must within the length of our cabletow exceed these projects. What greater way to serve the craft than to improve our knowledge in masonry. We should try to attend as many schools that our service bureau sponsors for we Masons at no cost. We have great leaders and speakers at our various schools. Every one I attend I always gain some greater knowledge. Remember our schools open at 7:30 p.m. Attendance banners are awarded. A brother is allowed 5 minutes leeway. If over 5 minutes your attendance is not recorded. Be prompt and fair.

At St. Johns Day the Grand Master announced two new projects he wants the lodges to adopt. My Feelings towards these are, Yes, it is a must. One is the Widow's Program and the other the Sick & Visitation program in hospitals and nursing homes. For far too long now we have forgotten our deceased brothers' widows. Each W. Master should have received a letter on this by now. R.W. Alex Arthur will be contacting you masters on the other comm.

To all W. Masters and Wardens please use and read your GUIDE BOOKS. Almost every answer you need are in the book. They should be signed and passed down at installations. We Deputies will be looking for this.

Yours in Masonry
GOD BLESS.

YONNONDIO LODGE
No. 163
1st and 3rd
Tuesdays

We Won Back The Golf Trophy

Brethren:

I feel like it was just yesterday that I was writing the news letter wishing everyone a good summer, and here I am again writing to welcome you back. I trust that each of you and your families had a pleasant summer. It seems like no matter how fast they make rockets, jets, or cars, nothing goes faster than the summers in Rochester.

I have lots of exciting news to report to you, as you know that our last meeting on June 18th we had our third degree and we raised two new Brothers. The degree was performed by the Officers and the Fellowcraft team. The first section was done by our Sr. Deacon Brion Phelps who was in the East. Brother Phelps and all the Officers did a great job. The second section was under the direction of Sr. M.C. Brother Neil Cassata. He and all the Fellowcraft team did a very good job, as you know this was the first time in years that the Officers and



R.W. Gerald K. Becker

Fellowcraft team of Yonnondio Lodge put on the third degree. I know the Brothers are all excited about putting on the third degree for our new sister lodge from Toronto, this will be on Saturday, November 23rd, so mark that date on your calendar. More details will be coming.

Our golf tournament with Charlotte under the fine direction of our golf Chairman Brother Edward Gartz was a great success. We had 13 Brothers, not including guests. Yonnondio Lodge #163 won the FUR LINED POT back, now we will wait for the Master of Charlotte Lodge to return the POT to its proper place. The scores for the tournament are Yonnondio Lodge 75.92 and Charlotte Lodge 77.42. This is by the Callaway score.

The day of the Tournament started out with rain in the early morning but by the time they started to play it was real nice. The tournament was held in conjunction with the Fellowship Committee; the total of players was about 83 players, this was a good turnout. We were told by Victor Hills that the Brothers were neat and orderly and left the golf course clean and no damage and we were invited to come back anytime.

I want to say thank you to all who showed up. I hear Charlotte plans to give us big trouble next year. (we will be waiting.)

On September 10th there will be an Officers meeting at my home at 18 Cannon Hill Rd., at 7:30 p.m.. Everyone is welcome, there will be alot to discuss. We will be planning our work for the rest of the year, also our future in the Temple. This concerns us all so if you can possibly make the meeting, we would like to hear from you.

On September 17th will be our first meeting after the summer break. At this meeting we will have a guest speaker on the Morgan Affair. This should be very interesting. There are many Brothers who know nothing about the Morgan Affair, including myself.

On September 24th there will be a Fellowcraft meeting at the Temple downstairs meeting room. AT THIS MEETING WE WILL BE MAKING PLANS FOR OUR THIRD DEGREE AND OUR VISIT FROM OUR NEW SISTER LODGE FROM TORONTO, CAN.

On October 1st will be our

first visit from the new D.D.G.M. This will also be awards night; the awards will be presented by the D.D.G.M. There will also be a dinner before the meeting at 6:30. Please call our Jr. Warden Brother Michael Bell for reservations. You can reach Brother Bell at 244-7024. (This will be a tux night.)

Another important date to put on your calendar is October 19th which is our LADIES NIGHT DINNER & DANCE WITH CHARLOTTE LODGE. This will be held at the CRESCENT BEACH HOTEL; the price of the tickets are \$15.00, same as last year. But because of the money we earned with the candy sale, we are reducing the price to \$14 per person for Yonnondio Lodge members and their guests. There will be a social hour at 6:30 p.m. (cash bar), a buffet dinner at 7:00 p.m. and dancing to the music of Celebration so make up a party and come. For more information and tickets call me, EMIL J. SCHIRANO AT 247-3150.

Under sickness and distress it is reported that Brother Bill Ackroyd had another operation on his knee again and is coming along fine. One of our newly raised Brothers, Brother Ken Roblee was injured when his police motorcycle was struck by a car. Brother Ken broke his collarbone and was coming along fine when I last talked to him. It was reported that W.: Henry Bess was in the hospital and had surgery. We wish Bro. Bess a speedy recovery. Brother Brion Phelps has been out of work for awhile with back problems and soreness in his arm. Bro. Brion was in Strong Hospital for tests to see if surgery is needed. We hope everything turns out well.

Brethren, it saddens me at this time to report the passing of W.: Edward Pullen and Brother Frederick A. Miller Sr. The Lodge extends its thoughts and prayers to their families and friends.

Fraternally,
Emil J. Schirano
Master

Trestleboard

- Sept. 10th Officers Meeting, 7:30 p.m., 18 Cannon Hill Rd. ALL WELCOMED
- Sept. 17th Business Meeting and Guest Speaker on Morgan Affair
- Sept. 24th Fellowcraft meeting Temple at 7:30 p.m.
- Oct. 1st D.D.G.M. visit and awards (dinner 6:30 p.m.) TUX
- Oct. 8th Officers Meeting to be announced
- Oct. 15th 1st Degree (TUX)
- Oct. 19th Ladies Night Dinner & Dance with Charlotte Lodge, Crescent Beach Hotel
- Oct. 22nd Fellowcraft meeting to be announced

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R.W. CHICK BECKER PRESENTS 60 year certificate to W. George Joel (right) and 50 year certificate to Bro. Max Sykes.

W.C. HUBBARD LODGE
No. 964
1st and 3rd Fridays

Dear Brethren,
Greetings to all of you after what I hope has been a pleasant and relaxing summer.

I would like to thank all of you who attended the special communication on June 10th. It's good to know that you are all in favor of our pending consolidation. As of this writing (August 11th) we have not heard anything from Grand Lodge.

As you can tell from the Trestleboard this fall will be a bust time for the Lodge. W. Brother Sal Spano will be in the East for the 1st Degree on September 9th. Officers and degree participants please remember that the Official Visit and degrees are formal occasions and require a tux (if you have one).

Fraternally,
Dave Gradner
Master

Trestleboard

- 1985
- September 9th 6:30 Dinner, 3rd Floor

- 7:30 Meeting, Official Visit
- September 23rd 5:30 Business Meeting
6:30 Dinner, 3rd Floor
7:30 1st Degree
- October 14th 5:30 Business Meeting
6:30 Dinner, 3rd Floor
7:30 2nd Degree
- November 11th 5:30 Business Meeting
6:30 Dinner, 3rd Floor
7:30 3rd Degree
- December 9th 5:30 Business Meeting
6:30 Dinner, 3rd Floor
7:30 Annual Meeting, Election and Installation

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Lalla Rookh GROTTO

By George Francis

Past Monarchs' Night September 25th; Patrol In Number 1

Prophets:
Hear Ye, Hear Ye, Hear Ye: Our Monarch has designated September 25th as Past Monarchs' Night. (Please note the date.) It will be preceded by a 6:30 family style dinner -- \$5.50 per. This is the night we honor our Past Monarchs for the many years they put in to make our Grotto a success. Let's make it a big night. The Monarch will also award the Prophet of the Year award at this meeting. See you there.

As you know, Lalla Rookh is designated, as No. 3 in the Realm. BUT -- (and we say this very proudly) -- Our Patrol degree team is again No. 1 IN THE WORLD. And this is the third time they have won this high honor. Our Monarch tells us that The Prophets and Ladies of our Grotto conducted themselves in a manner that is a credit to our Grotto -- Well done.

The outdoor picnic in June was a real success. The Band gave a very nice concert, the refreshments were good, and the meal delicious. Lou and Bob sure can cook hot dogs. Thanks to M.C. Bill Hartwig and his committee for a job well done.

A tip of the Fez to Capt. of the Guard Mike Stewart and his committee for a great Stag and Doe Steak Roast on July 20. We had quite a few out-of-town visitors as well as a good turnout of our own Prophets and their ladies.

It is reported that the October meeting will be a special program OR a short form ceremonial. (Providing we have candidates.) So, Prophets, let's get busy.

Grotto dates for September:
Sept. 3 -- Board of Governors
Sept. 9 -- Legion of Honor


dinner meeting
Sept. 12, 13, 14 -- ESGA Convention, Jamestown, N.Y.
Sept. 18, 19, 20, 21 -- Supreme Caldron Convention, Terra Haute, Ind.
Sept. 24 -- Patrol meeting
Sept. 25 -- Past Monarchs' Night
Sept. 26 -- Entertainment Committee meeting
Sept. 30 -- Officers meeting -- Monarch's home, 8 p.m.

Don't forget our sick and shut-ins. Let's send them a card.

That's all for now -- See you at the September 25th meeting.
George Francis
Publicity

Lalla Rookh Caldron

The ladies of Lalla Rookh Caldron will attend the Supreme Sessions in Terre Haute, Ind., on Sept. 18-19-20-21. It is hoped that a good crowd from Lalla Rookh will attend. Two of our own ladies -- PMCO Jean Wood will be installed as Supreme Mighty Chosen One, and PMCO Dorothy Dibble will be installed as Supreme Directress. This is a very high honor for these ladies and the congratulations of Lalla Rookh Grotto go to both of them.



SHRINE
Past Masters
Degree Team
By Pat McNenny

Brethren:
Rochester Lodge has scheduled the Team for a Third Degree on October 28.

Masters who would like to employ the services of the Degree Team for their Lodges are asked to call one of the officers to make arrangements. The officers are: Duane Manchester, President, 225-0590; Joseph Minas, Vice President, 671-1917; Pat McNenny, Secretary-Treasurer, 461-1254.

Fraternally,

FLOWER CITY LODGE
No. 910
2nd Tuesday

David B. Averbach,
Master

Carmen Basilio To Visit Flower City

Congratulations to all Flower City Lodge Brethren who have received awards or recognition during the summer months. Especially R.W. Joseph Silverstein who was awarded the Dedicated Service Award by the Monroe Districts Purple Club. Also to those members who celebrated their anniversaries with Flower City...60 years, W. George Joel and Bro. Jack Cohen; 50 years, Bro. Max Sykes; 25 years, Bros. Harold Hecker, Morey Waltuck, A. David Berger, Lee Rosenthal, Arthur Friedman and W. Seymour Kopen. It was a great pleasure and honor to have the D.D.G.M. R.:W.: Chick Becker present the 50 and 60 year pins and certificates and W.: and Hon. Hyman T. Mass (Master in 1960) present the 25 year certificates.

Once again we would like to thank our Junior Deacon, Bro. Howard Luntz, for arranging the details of our steak roast in June. It was a wonderful meal and a good time for all. Bro. Howard and his committee have this affair running like clockwork.

The August 11th picnic was great. Thanks to the Senior Deacon, Bro. John Keller and his committee for putting on this affair. It was nice to see all the young people and friends which were there. Also to renew old acquaintances. This is an event which should be made annual again.

Don't forget SPORTS NIGHT, with CARMEN BASILIO as the guest speaker, on Tuesday, September 10, 1985. Dinner at 6:30 p.m. by reservation and with tickets only. Call the Senior Warden, W. Gordon Dodge (334-3660) or the Worshipful Master W. David Averbach (671-4903) for tickets A.S.A.P. All people, 13 and up, are welcome. (Look for us up in Cathedral Hall if we are not in Ionic Hall.)

Sickness and Distress: It is with sorrow that we lost W. Sanford Hoffman and Bro. Morris Hoffman. Our deepest regrets to their families and to the families of Bro. A. David Berger, Bro. Gary Berger and Bro. Jack Levy for the loss of Bro. Dave's mother; R.W. Herman Sarachan and Bro. Mort Sarachan for the loss of R.W. Herman's brother; and Bro. David Bower, Jr. whose then future father-in-law passed away.

Good News: Congratulations to W. Cyrus Kloner and good luck in his new partnership. Congratulations to Bro. and

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ETOLIAN LODGE
No. 479

2nd and 4th Mondays

J. Edward Gillott Master

Inter-Lodge Euchre Tourney September 29

Brethren,

It's hard to believe that the summer is almost over and fall will be with us shortly. I hope everyone has an enjoyable summer and is looking forward to Lodge meetings once again.

Because there was no Masonic News during the months of July and August, there is a lot of old news to report.

May 13th was Move Up Night with our S.W. Bro. Marty Zillman in the East. Bro. Gene Brendel reported on his visit to Etolian Chapter during the official visit of District Deputy Grand Matron, Right Worthy Marjorie Goodridge. He mentioned how impressed he was with our Sisters and the sincerity of their work. The speaker for the evening was Mr. Alan Isslehard of Holly, who spoke and showed slides of his hobby, the collecting, restoring and showing of the British Morgan sports car. A good job was done by all of the Officers and made for an enjoyable evening.

On May 16th, yours truly was honored by an invitation to the Annual Past Masters Dinner which was held at the Pilot House. Twenty-four Past Masters were in attendance as well as R.W. Bro. Keith Masten, D.D.G.M. and R.W. Wally Losinger, G.S.B. R.W. Bro. Rolland Reitz was honored and presented with his 65 year pin by R.W. Bro. Keith Masten. A gift was also presented to our Secretary, Wor. Bro. Clark Kunes by Wor. Bro. Jim Stuewe for his many years of dedicated service. I am looking forward to the day when I might be considered a member among these elite Brothers.

Past Masters and Oldtimers Night was held on June 10th. Although most of the chairs were filled with Past Masters, all were filled with Oldtimers. R.W. Bro. Harold Pixley served in the East with Wor. Bro. Russ Holmes, Chairman for the evening. Awards for the loudest sports shirts went to Wor. Bro. Raymond Burroughs and Bro. Russ Ashman. Membership Certificates totalling 1500 years were also presented to those Brothers present and mailed to those that weren't. It was noted by our secretary, that the Masters during our 75th, 100th, and 125th anniversaries were present namely Wor. Bro. Chris Morgenberger, Wor. Bro. Fred

Dr. Brett Shulman on the opening of his new (and first) office. Good luck in the Dermatology business.

Congratulations to Bro. David Bower, Jr. and his bride Marsha.

Good luck to Bro. Mark Hoffman and best wishes to you on your new job.

Thank you to all the Brethren who contributed to the Brotherhood Fund. Flower City Lodge was #1 with the most contributors in the 1st Monroe Districts. Let's do it again next year!

Dantz, and myself, respectively.

Etolian Lodge, to commemorate its 125th Anniversary, took part in the Firemans Parade on the 13th. Present were Grand Lodge Officers of Monroe County, Masters and members of other Lodges as well as a good representation of our own lodge. The march helped to publicize Masonry in Spencerport and now, after 125 years, more residents know who we are and where we meet. We had so much fun we will possibly do it again next year and include the ladies of the Order of Eastern Star. Our thanks to the Shrine Pipe Band for their stirring marches.

The Annual Picnic was held in Churchville Park on Monday the 17th. The light drizzle failed to dampen the festivities. The food and drink were great as well as the music of the Grotto Band. My thanks to Bro. Jim Barker and the many that assisted in making this a fun evening.

The most recent event at the time of this writing, was the Canal Days French Fry Sale which was held on the 26th and 27th of July. This annual event seems to grow larger and get better each year.

The highlight of the evening was the sky dive by Wor. Bro. Jim Stuewe at the school grounds. Most of the credit for this concession goes to Wor. Bro. Jim and Wor. Bro. Dennis Huffman. Thanks also to other members who gave so much of their time.

Coming events for September are as follows:

On the 9th, our first meeting in September, will be Sport Shirt Night and a talk on Masonic Etiquette by Bro. Gene Brendel. If all of our Petitions for Membership are in by this meeting, we should have practice for the First Degree at 7:15 on the 19th, and a First Degree on the 23rd with Bro. Eugene Brendel in the East.

On the 29th we will have another Inter-Lodge Euchre Tournament chaired by Wor. Bro. Jim Powell.

The Masonic Golf Tournament of New York State will be held on September 6, 7 & 8 at the Webster Golf Club East and West. For more information call Wor. Bro. Russ Holmes at 594-2462.

Etolian Lodge also wishes to extend its congratulations to Bro. Millard (Dave) Fairly III and best wishes to Mrs. Fairly on their recent marriage. I believe June the 15th was the happy occasion.

Called Home by the Great Architect during the summer was Bro. George Ludlow of Nampa, Idaho. Bro. Ludlow was Raised in Etolian Lodge on December 24th, 1927. Etolian Lodge extends its deepest sympathy to his family.

Let's not forget the School of Ritual on Friday the 20th at 7:30. The First Degree will be exemplified at Fairport Lodge.

I am looking forward to seeing all of you on the 9th of September.

Fraternally,

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JOHN A. ROBERTSON
LODGE No. 1032
 1st and 3rd Mondays

**Official Visit
 October 7th**

Brethren:
 Once again it is time to trade in the warm sunshine of summer and return to the chores of the fall season. So it is with Lodge. You should receive this in plenty of time to remind yourselves of our first meeting, September 16, at 7:45 P.M. in Ionic Hall. There is no dinner scheduled for this evening, but I hope you will use the opportunity to attend and greet your Brothers and find out what they have been doing since you last visited with each other.

We expect to begin the dinners again commencing with the meeting of October 7. You will be notified in next month's paper of the persons accepting reservations.

Each of you have received a mailing this summer telling you of a couple of events of the Lodge. The biggest news is the election of W.B. Ed Walker to fill the Secretary's position for the remainder of the year.

The Tri-Lodge Steak Roast was held at Powder Mill Park on Sunday, August 25. This has to be written prior to that date, but it is hoped that everyone has as much fun and good food as was remembered from the 1984 picnic. The Committee, including our own W.B. Paul Robertson, worked very hard to ensure a successful day, and we owe them our thanks.

Our tentative schedule call for the District Deputy's Official Visit on October 7, a Ladies Night program on October 21, Open meetings in November and December 2, and our Annual Meeting on December 16. Please mark these dates on your calendar now and plan to attend and support your Lodge and its Officers. Check next month's paper for confirmation of some of these events.

We have at least one petition circulating as I write this, so the schedule may change if we have the good fortune to initiate (a) new candidate(s). Have you got a prospect in mind? Each of us is being asked to help build the Fraternity. Why not call W.B. Ed Walker for a petition today!

Speaking of Ed, he reminds me that several Brothers are delinquent in their membership dues . . . about 17%. Each of you should have received a reminder statement. If you fall into this category, won't you consider squaring your account. Thanks, from both Ed and me.

The sympathy of the Lodge was extended to Brother Robert Traub on the recent death of his daughter, Nancy. Bob, who is my neighbor and the engineer of the block, has become more active in the Lodge and plays the organ for us as he is able. Happily, his youngest son, Barry, was married two weeks previously, but some of the joy was diminished by Nancy's illness and passing.

W.B. Paul and Doris Robertson celebrated an anniversary last month . . . their 40th. Congratulations to a fine couple from all of us. If there is any other news of anniversaries or events, it has not come to my attention, so all I can say is

Monroe Lodge No. 173 Annual Bicycle Rodeo



Brother Make Sure Everything is Clear



Instruction Is Most Important

Many girls and boys from six to fourteen years of age from the Brockport area and surrounding communities participated in the Seventeenth Annual Masonic Bicycle Rodeo sponsored by Monroe Lodge #173 F.&A.M. The Rodeo was held on Saturday, June 1, 1985 from 9:00 to 11:00 a.m. at the Clarkson State Troopers Building in Clarkson, N.Y. The Troopers held an inspection on all bicycles that were to be entered into the Rodeo. There were ten tests given to the children and a point system was used in each event. Prizes were

awarded in each age group. The prizes given to the children were donated by Brockport area merchants.

This activity has yielded many benefits for all concerned over the years. It has served to teach bicycle safety to youngsters in a fun and competitive atmosphere. The tests are those recommended by the National Safety Council. It provides a good community service that is truly needed while giving Masonry beneficial exposure. Any Lodge interested in more information may contact W.: Melvin Doverspike, 638-6830.

OATKA LODGE
No. 759
 2nd and 4th Wednesdays

Andy Elliot (Master)

**Ladies Night
 November 2nd**

Brethren:
 Summer is fast drawing to a close and fall will soon be upon us.

Thanks to our Summer Activities we made a little profit for our Building Fund. My deeper gratitude goes to all who helped, especially the Scheerens Clan for their tireless work.

Ladies Night will be on Nov. 2nd this year to be held at our Lodge. J.W. Walt Tallons will be in charge of this dinner-dance. This is one of the functions that keep our lodge sol-congratulations one and all.

Hope to see you in Lodge soon.

Fraternally
 Skip Waterstreet,
 Master

Trestleboard
Sept. 16 — Regular Business Meeting.

Monroe Lodge
No. 173
 Charter Granted 1850

**Big Thanks,
 Bro. Bill Gilliam**

I hope you all had a safe and fun summer and getting all those jobs done before winter sets in.

I would like to express my thanks to all the Brothers who helped put on our 17th Annual Rodeo. A special thanks goes to Brother Bill Gilliam, who served as Chairman. It was a job well done.

Just a little reminder we will be having a Second Degree on October 22, 1985.

September 10, will be our next meeting. I am still looking forward to seeing some new faces in the Lodge Room. All Members of Monroe Lodge will start to receive the Monroe Masonic News starting in September.

Master,
 Melvin Doverspike
a very warm welcome - ed.

UNION STAR LODGE
No. 320
 2nd Monday

Paul Spillane Master

**Bro. Dye
 Chaired
 Red Cross
 Blood Drive**

I must apologize that my June report did not make the Masonic News. Grand Lodge was an experience again this year. One interesting change that may occur is to change the constitution which states that Grand Lodge will meet in New York City. The first vote has been to change the constitution to have Grand Lodge meet in New York State. This will come to a final vote in 1986 and it will be possible that Grand Lodge will meet somewhere within the state by 1987.

At our June Meeting we presented 25 year certificates to Brothers Melvin S. Moore, David Bust and W.: Jackson Valley.

I must apologize that my thank Brother Richard Dye for Chairing Union Star Lodge Blood Donor's Drive in conjunction with the Red Cross which was held on August 19th.

Trestleboard

Sept. 7th, 9:00 A.M., Lodge Clean-up
Sept. 9th, 7:30 P.M., Regular Communication
Sept. 23rd, 7:30 P.M., Rehearsal for move-up night. Planning meeting for 1986
Oct. 14th, 7:30 P.M., Regular Communication, Move-up night.

FAIRPORT LODGE
No. 476
 2nd and 4th Mondays

George R. Bracht Master

**Our Lodge Used
 For Red Cross
 Blood Drive**

Brethren,
 I hope everybody enjoyed their vacations this summer, and had an opportunity to get away from the daily routine.

June and July were far from relaxing for many of us. I want to thank everybody that helped during Village Days and July 4th. Especially Bro. Dwight Turner who put in as many hours as I did. He helped me and also lined up all the workers. We had forty-five people help by working from one meal, up to several days and on both events. Thank you very much. I enjoyed the time I put in the activities, and the fellowship these events generated. I hope everybody else did also. Those of you that were unable to help this year, I hope to see joining us in the future.

On August 21st, Fairport Lodge opened its doors for the American Red Cross Blood Drive. Our Bro. Dwight Turner headed the occasion and organized a calling committee to inform area donors. I want to thank Bro. Dwight and everybody that helped him.

September starts a busy schedule and the meetings we set aside for two months. We will be starting our second class with a first degree on September 23rd. The first meeting on September 9th will be Past Masters Night, with our Past Masters opening the Lodge.

October will have the Official Visit of our own RW Gerald Becker, DDGM 1st Monroe District on October 14th. The second meeting in October on the 28th, will be a second degree.

As you see, this fall is going to be busy. All of the meetings are important and I hope the side lines are as full as they were in the spring.

Fraternally,

TRESTLEBOARD

Sept. 9 -- Past Masters Night
Sept. 23 -- First Degree (Tux)
Oct. 14 -- Official Visit D.D.G.M. (Tux) Dinner
Oct. 28 -- Second Degree (Tux)

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Ladies Organization News



Fidelity Triangle

Beloved Queen



Peggy Ann Echavarria

May 18 — Fidelity Triangle held a regular, formal meeting at 1:30 p.m. in Room A, and at 3:30 p.m. attended the Cyrene Commandery Installation in Cathedral Hall. W. Ronald Bertie was installed as Commander of Cyrene Commandery. His daughter, Christine Bertie, is a past Queen of Fidelity Triangle.

May 21 — The girls of Fidelity Triangle visited Yonondio Lodge and presented a Mothers Day Degree and a Deck of Cards Degree, for the entertainment of the members and their wives. The Master gave the Queen a "Thank You Donation," and invited all to cake and coffee in the dining room. The Master also gave each girl and wife a carnation.

May 23 — The girls of Fidelity Triangle presented the "Deck of Cards Degree" and another degree entitled "When Pa Joined the Masons," for the Masters and Wardens and their wives at Wayne Lodge #416 in Ontario Center, N.Y.

May 25 — Fidelity Triangle girls held a short regular meeting in Room A, and then attended the Grand Matrons Visit in Cathedral Hall where they gave the Grand Matron a

personal gift and then formed the Friendship Circle around the Altar, and sang the Triangle Song. The Grand Patron and the Grand Matron, who is a past Triangle Queen, joined the circle and sang with the girls. There were 28 past and present Triangle girls in the circle.

June 4 — The girls of Fidelity Triangle presented two degrees for the members of Webster Chapter. A "Fathers Day Degree" and "When Pa Joined the Masons." This was followed by refreshments in the dining room, and the Matron gave the girls a gift.

**NOLA CHAPTER
No. 368
Order of the Eastern Star**

Dear Members,

The summer has gone again and soon we will be back to Chapter and some very nice plans for fall.

We are sorry to report those who are ill and hope for all a speedy recovery. R.W. Lois Vail, W. Ada Henry, W. Berneda and B. Charles Riley, and W. Eleanor Gaseon and sons.

The meeting Sept. 17th more plans will be made for the Chapter's 80th Birthday dinner party in Oct. at the Churchville United Methodist Church. Members will be contacted on exact date and cost. The Comm. this meeting is S. Sherri Hart, S. Sheila MacDonald and S. Sara Stephens.

Officers' Club is Sept. 24th at 7:30 at the Chapter Rooms. The Comm. is W. Judy Lenzie, W. Carol Wynings, S. Jean Stewart, W. Anita Drake, S. Sherri Hart, S. Sara Stephens and S. Florence Smith.

Oct. 1st and 15th meeting Comm. is W. Dorothy Erion, S. Lepha Pringle, and R.W. Susan Huff.

See you soon.

Fraternally,
W. Avis Theis, Corres.

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Scholarship Awards, Genesee Falls Lodge



Front Row — left to right: Wendy Mertens, Sandra Chait, Robin Critchlow, Ellen Mertens
Middle Row — left to right: Andrew Blyth, Jeffrey Wetzel, Mary Sutton
Back Row — left to right: Todd Wihlen, Robert Smith, Paula Chait, Bryan Henderberg

By Ronald D. Mertens

The evening of June 13th started a new program for Genesee Falls Lodge. Using a portion of the income from the J. Joseph Barber Fund, a contribution was made to Camp Good Days and Special Times and fourteen scholarship checks were presented to children and grandchildren of Genesee Falls members.

The scholarship recipients were: Andrew Blyth, son of Brother Sydney Blyth; Paula Chait and Sandra Chait, daughters of Brother Abraham Chait; Robin Critchlow and Christopher Kingston, granddaughter and grandson of Brother J. Robert Mittlesteadt; Steve Davidson, grandson of Brother Stanley Davidson; Bryan Henderberg, grandson of Brother Otto Henderberg; Ellen Mertens and Wendy Mertens, daughters of R.W.. Brother Ronald Mertens; Robert Smith, grandson of Brother Walter Bock; Kurt Steinfeldt, grandson of Brother Kurt Steinfeldt; Mary Sutton, daughter of Brother William Sutton; Jeffrey Wetzel, son of Brother Donald Wetzel and grandson of R.W.. George Wetzel; and Todd Wihlen, son of Brother Terry Wihlen and grandson of Brother John Wihlen.

The accompanying photograph shows 11 of the 14 recipients. Christopher Kingston was on R.O.T.C. duty in Kentucky and his check was presented to his parents; Kurt Steinfeldt lives in Fredonia, N.Y., and his check was presented to his grandfather; Steve Davidson lives in Devon, Pa., and his grandfather lives in San Francisco, Ca., so his check had to be mailed.

Some very nice notes of thanks have been received from these young people and we hope that this program can be continued in the years to come.

Contributing to the learning and education of these young people may be one of the greatest gifts that we as Masons can make.

**CHARLOTTE LODGE
No. 1088
1st and 3rd Tuesdays**

Keith Stambach
Master

We Lost to Yonondio

Brethren,

Well, it's back to the quarry again after a beautiful summer. I hope everyone had an enjoyable vacation since we last met and are ready for the work and good times ahead for the fall season.

For those that participated, we had some great Lodge functions over the summer. The Annual Lodge Family Picnic on June 2 was well attended and thanks to Bro. Ron Langworthy and his committee there was plenty to eat and drink and we all had fun wailing the devil out of some poor marshmallows with a golf club. I think the winner had to eat them! As usual Wor. Tom Paglia attended the grill. (Can't keep him away from the sausage.)

On June 29th the Annual Masonic Fellowship Golf tournament was held at Victor Hills Golf Club. In conjunction with this was the annual fight between Charlotte and Yonondio for possession of the "FUR LINED POT." Unfortunately, we lost the "POT" to a larger contingent from Yonondio by 1.5 points. Others awards will be announced in lodge. Bro. Shorty Buchanan did a fantastic job on this well attended affair and is only disappointed by the showing of only seven Charlotte members.

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**CHURCHVILLE LODGE
No. 667
2nd and 4th Wednesdays**

W. G. Simon
Master

The People of Churchville Support Our Blood Drive

Brethren,

As our fall season is about to open, I trust that everyone had a safe and enjoyable summer and that everyone is in good health.

I wish to also send greetings to all of our Masonic family Brothers, wives, Sisters, and widows.

Since our last meeting we again traveled from the West to the East to Utica for St. John's Day Weekend, and as usual we had a good time. Our sidetrip to Buffalo Head was also excellent and while there we celebrated R.W. Earl Steffen's birthday.

I would like to thank everyone for making our family picnic a great success and a special thanks to the Ladies of Nola Chapter for their support. Also to Bros. W.J. Lenzi, A. Baxter and G. Bergman — a job well done.

To the people of Churchville and district, Nola Chapter of the Eastern Star. The Bros. of Churchville Lodge and the Union Congregational Church of Christ of Churchville my special thanks for your support in the Blood Drive. A special thank you to R.W. G. Daycock without whom it could not have been possible.

Now, on to business.

Our first meeting will be on Sept. 11th, which will be an open meeting and get reacquainted after the layoff.

October 23rd will be our Official Visit by our new District Deputy Grand Master Martin J. Reitz.

Sept. 30th we will host the euchre tournament. We have the plaque. Let's keep it. Come out and play.

Welcome back Brothers.

See you in Lodge.

Fraternally,

Trestleboard

Sept. 11th Open Meeting
Sept. 30th Euchre at Churchville
Oct. 23rd Official Visit and Dinner
Nov. 6th Open Meeting
Nov. 10th Communion Breakfast
Dec. 11th Election of Officers

This is a great event, let's see more participation next year.

On August 12th our annual blood drive was held at the Greece Town Hall under the chairmanship of Bro. Joe Privitera and we hope there was an increase over the fine job we did last year. We should have the results soon.

Please read the Trestleboard for our fall events.

Fraternally,

Trestleboard

Sept. 3 - Open (Sport Shirt)
Sept. 17 - First Degree (Privitera)
Oct. 1 - Open
Oct. 15 - Second Degree
Oct. 25 - School of Ritual (7:30 Charlotte)

1985 MASTERS AND WARDENS CALANDER

DATE	HOST LODGE
September 28, 1985	Union Star #320
October 26, 1985	Fairport #47
November 23, 1985	Henrietta #526

Dinner start at 6:30 P.M. Meetings start at 7:30 P.M.

**Investiture Service;
Grand Lodge Officers**



On Saturday, June 22, 1985 the Investiture Service was held in the Chapel on the grounds of the Masonic Home, Utica. R.W.: Gerald Becker, DDGM 1st Monroe; R.W.: Alexander Arthur, Jr., Grand Director of Ceremonies; and R.W.: Martin Reitz, DDGM 2nd Monroe were presented by the Grand Master their Warrant of office.

**Grand Director
Of
Ceremonies**

R.W.: Alexander Arthur, Jr.

**I Will Be
Calling on You**

Brethren,
I would first of all like to thank my lodge East Rochester #1020 for honoring me, be presenting me to be Grand Director of Ceremonies. I know this year will be one I will long remember. I am looking forward to travelling with District Deputy R.W. Gerald Becker, to the various lodges in Monroe #1, and hopefully some in Monroe #2.

It was an exciting weekend at Utica for St. John's Day. It was great to receive so many offers of help from the Past Grand officers attending. I may be calling on you.

The assignment for the staff officers from the Grand Master for the coming year is to organize a sickness and shut-in visitation program. There is to be a committee from each lodge, and a steering committee from each district. We are to visit each hospital and nursing home, and set up a check list of masons in these institutions, so that they may be visited by their Brother Masons. More on this later.

W. Patrick McNenny has accepted Chairman of the Brotherhood fund for the 1st Monroe District. He has taken the Brotherhood program for East Rochester lodge for 3 years, and did a super job. Congratulations W. Brother Pat! This past year only 33% of the state membership gave to the Brotherhood Fund. Our new state chairman R.W. Robert Stack hopes this figure will improve.

My wife and I would like to thank the 1984 Grand Officers, for the get-acquainted picnic they hosted at the Daycock farm for the new Grand officers; after we attended the western region meeting in Batavia. We had a great time.

Remember the youth groups are looking for members and support. Do what you can to help. The future of our masonic family can be cultivated through the youth groups.

Fraternally:

ings on account of their health. To those I just mentioned, I thank them for being a member of our Masonic family, and trust in your brothers to keep Lodge 1020 a progressive lodge. For the above Brothers he wishes you to drop the lodge a note and keep him informed, one of us will respond. For the membership that are always there he "Tips the Topper." It is off to you for making his first half year as Master a delight -- He goes on to say, it has been a labor of love for the craft, that he could not express, having the great honor of being Master of the Lodge -- And he looks forward to the second half.

Fraternally,
D.G. Moore
Secretary

**EAST ROCHESTER LODGE
No. 1020
2nd and 4th Tuesdays**

Brothers:
It is still mid summer as this is being written and all is supposedly still and quiet around the Temple. That is what one would think anyway. I will enlighten you as to what has been going on. Worshipful Merle Rogers has been busy as a beaver. The things he has done are not noticeable. They needed done so he did them -- The 2 steel doors in front of lodge needed repair, he got the job done, as well as the sidewalk around them -- There were several leaky faucets, he repaired them -- The basement was a big mess, Brother Merle has it all together now, waiting for a truck to move it out. Brother Rogers is a person who sees a job to do, and without being asked, goes and gets the job done -- No one notices that they have been completed until it is done -- So all has not been still around the lodge -- And for this we thank you Merle.

By the time you read this, the 1985 Labor Day holiday will be history, soon our thoughts will be the red and gold foliage, with children all back to school, nights will have a certain chill in the nite air that tells us Fall is nearby. And once again we will be called back to labor by the sound of a gavel. Hope to see all of you at our first meeting this Fall, which is the 4th Tuesday, Sept. 8:00 p.m.

Under old business: The Worshipful Master has directed me to inform you that the work detail will muster at the Temple dining room at 5:30 p.m. the second Tuesday of September. It is called "Opration Clean Up." The girls of Lea Court Chapter are urged to help if they can.

In the last Masonic News I stand corrected on two counts. The books I said were donated by R.W. Arnold Mundy, were given to me by Brother Mundy for the lodge library. What I failed to tell you was that the books were given to Brother Mundy to be donated to the lodge from the family of ex-Brother Sid O'Dell. The second mistake was stating that Brother Harry Seifert was moving to Utica. Brother Seifert has informed me that he plans on stopping in Clemson, S. Carolina where he attends lodge regularly. If he gets into the Rochester area this year he will look the undersigned up he promises.

I think this should by all our membership. Our present Master said to me, about as follows: I have not had the good fortune of meeting all our membership personally, nor is it likely I ever will, as it is nearly geographically impossible. There are some who live so far away, they cannot make a meeting, and some whose job demand keep them away, and others cannot make it to meet-

SENECA LODGE
No 797
3rd
Tuesday

Stephen R. Whittaker, Master

We hope you've all had an enjoyable summer. Many of our Brothers certainly traveled far and wide during our recess. R.W. Brother Ellsworth Van Graffeland spent some time in London . . . W. Brother Don Scrivens enjoyed a trip to the state of Washington and back . . . W. Brother Bill Russell enjoyed a train trip through the Canadian Rockies. . . We also understand that R.W. Brother Roy Dement and his wife took the same train trip. Glad to have all of you back and rested.

Special congratulations go to Brother Harry Voss who won the International Championship in the 8 Meter Sailing competition. Also to R.W. Brother Harold Miller who was awarded the Purple Cross of the York Rite College.

The group photographs of the Past Masters and DSA recipients who were present at our June meeting turned out well. Please see our Secretary if you would like your own color print.

The new Lodge roster finally was distributed--what a great job! Our special thanks to W. Brother Don Scrivens for his dedicated efforts in completing the data base for that project.

The summer Fellowcraft Events have been great! Special thanks to Brother Jack VanElzackker and his committee for their work on the Clam Bake, trip to Renaissance Faire, and Redwing Stadium arrangements. The flyer received with our Summer Trestleboard outlines the upcoming events.

At our September meeting, petitions for degrees will be received. If you are in need of a petition, please call us. Brother Richard Townsend will again be preparing a Masonic Information Meeting to be held this fall. Please keep the names coming to his committee.

Your officers are planning for Lodge operations for 1986. If you have any thoughts or ideas about Lodge programs, please feel free to contact our Senior Warden, Brother Paul Vick.

Brother Al Vragel came up with several trays of slides taken during the last twenty years. Perhaps we can get a look at them during the social hour following our September meeting.

Special thanks to all of you who have helped our Lodge during the year; it is this level of dedication that adds to the rewards of being involved with our great Fraternity.

Be glad of life because it gives you the chance to love and to work and to play and to look up at the stars.

Sincerely and fraternally,

**PATRONIZE
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**ROCHESTER LODGE
No. 660
2nd Monday**

**Surf and Turf
Dinner Oct. 1**

On September 9th we will get back in the swing of things with the first meeting of the fall. We have many things for the remainder of the year. On October 1st we will have our annual "Surf and Turf" dinner at the Northfield Temple. Dinner will start at 6:30 p.m., the ladies are invited. On October 14th, regular Lodge meeting. On October 28th, the Shrine Past Master's Degree Team will confer the 3rd Degree on a candidate from Houston, Texas for Reagan Lodge #1037 A.F. & A.M. A dinner will precede the degree starting at 6:30 p.m. On November 11th we will have our Ladies Night with the Northfield Order of the Dirty Napkins preparing the dinner. Dinner will be at 6:30 p.m. For reservations of any of the dinners please call me at 244-3068 or the Master R.W: Don Leisten at 352-1103. You will be glad you did.

Brother Gaylord E. Seger passed away on July 28, 1985 in Dansville, Indiana. Brother Seger was 92 years old and a member of Rochester lodge for 63 years. Dansville Masonic Lodge #26 officiated at the funeral service. The sympathy of the Lodge was extended to his son Gaylord Seger, Jr.

I hope everyone had a pleasant summer and hope you are ready for Lodge. We have a fine list of events so let's plan to attend one, two or three or all of the events listed. Your wife will enjoy not cooking for two nights. Let's go to Lodge.

TRESTLEBOARD:
Sep. 9th - 1st Lodge meet-

**DAMASCUS TEMPLE SHRINE
LUNCH CLUB**

**SEPTEMBER 1985
Meeting every Monday
11:30 a.m.**

**September 2, 1985
Labor Day - No meeting**

**September 9, 1985
Michael Onufryk
Inventor of the
Onufryk Prismatic Image Re-
locator**

**September 16, 1985
Sergeant D.A. Treat
New York State Police
"The New Seat Belt Laws"**

**September 23, 1985
Richard Terry
Kiwanis Club of Rochester
"Statue of Liberty"**

**September 30, 1985
Dr. Lewis Ward
Convalescent Hospital for
Children
"Mental Health and Youth"**

ing of the fall.
Oct. 1st - Surf and Turf
dinner. Ladies invited.

Oct. 14th - Regular Lodge
Meeting.


Oct. 28th - 3rd Degree with
the Shrine Past Master's Degree
Team conferring the Degree.
Dinner.

Nov. 11th - Ladies Night
with dinner.
Donald F. Leisten, Master
George M. Adams, Secretary

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Fridays
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1867




York Rite- News & Announcements

MONROE COMMANDERY
No. 12
KNIGHTS
TEMPLAR
1st and 3rd
Fridays
Chartered in 1827



DORIC COUNCIL No. 19
CRYPTIC
MASONS
4th Monday
Chartered in
1861



IONIC CHAPTER
No. 210
ROYAL ARCH MASONS
2nd and 4th Tuesdays

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2 Conclaves, September 13-27

Our Em. Comm. Ronald J. Bertie and his wife sure hope that all of you had a wonderful summer.

There will be a Comm. picnic on Sept. 8, 1985. It will be at their new home, 79 Jefree Lind Dr., Rochester, N.Y. 14616. It will be at 2 p.m. Come one, come all. Call 225-6348.

At the Comm. Ladies night at the Temple on May 18, 1985 we had 170 there for dinner and the dance afterwards. Grand Master Calvin Bond and Gr. Comm. Steven L. Wing were guests there. Wonderful time was had by all.

Gr. Comm Conclave is Sept. 20-22 in Buffalo, N.Y., at the Executive Motor Inn. Reservations all should be in by now. Just a reminder. This is Gr. Comm Steven L. Wing's night.

We will have two conclaves in Sept. on the 13th and the 27th, 1985. The first will be in short form. The second will be rehearsal for Inspection.

The Comm. Festival will be on Nov. 16, 1985. Let's have all petitions in before that date. More later on.

We have one death to report at this time and that is S.K. Joseph L. Vialls died on the 11th of July in Florida. He had been sick for some time. He was the dean of Past Comm. for our Commandery. As far as we know now, his wife is still in a nursing home there. Vi. Hager had operation on her eye and is doing well now. Keep it up. No new sickness.

Dues for the Commandery would be welcome and if it refers to you please help us out. Need to pay bills. ASAP. Thanks.

Believe that is all for this time except this saying: "When I have done all I can do, I leave the rest to God." Really works. Have fun till next time.

Fraternally yours:
Em. Comm. Ronald J. Bertie
P. Comm. R.E. Huff, Reporter

Fall Festival November '85

Well it's that time of year again. Time to tend to business. Hope your summer was a good one, and you got plenty of rest and relaxation. Now it's time to start back to work. To get things rolling Monroe Commandery is going all out for new members. Monroe Commandery is going to charge new members half their enrollment fee to join us. So now's the time to get all those people you know who have wanted to join but hesitated for one reason or another. Tell them to join now and get in on the band wagon. The Fall Festival is in November, so act Now!

To those Sir Knights who have let their dues slip their minds, please look into the matter at once since this is important to keep things running smoothly.

I think congratulations are in order for Sir Knight Robert Cook as he will be moving into Grand Jr. Warden, which will take place at the Grand Conclave in Buffalo on Sept. 20 & 21. Let's all try and make it there to support him.

We have several new officers in line who need the support of all the Sir Knights as most of you needed yourself at one time. PLEASE ATTEND & SUPPORT!

Dates To Remember

- Sept. 20 & 21 -- Grand Conclave
- Oct. 4 -- Regular Meeting
- Oct. 18 -- Rehearsal (All Sir Knights Attending)
- Oct. 26 -- Ladies Night (Which will be discussed) MOST IMPORTANT
- Nov. 16 -- Fall Festival Monroe Order of the Temple.

Schedule

- Sept. 6 -- Regular Meeting
- Sept. 20 & 21 -- Grand Conclave in Buffalo
- Oct. 4 -- Regular Meeting
- Oct. 18 -- Rehearsal
- Oct. 26 -- Ladies Night
- Nov. 1 -- Regular Meeting
- Nov. 15 -- Rehearsal
- Nov. 16 -- Fall Festival - Order of Temple
- Dec. 6 -- Regular Meeting
- Dec. 20 -- Xmas Toasts Monroe/Cyrene Monroe Hosts 1986
- Jan. 3 -- Annual Meeting - Re-

York Rite College At Attica, N.Y. September 14

Our Ill. Master Frederick S. Holderle and his wife hope that all had an enjoyable summer and are now ready for the fall session.

The Grand Assemble for the Council will be held on Aug. 14, 15 & 16 in Cooperstown, N.Y. At this meeting M.I. Raymond R. Beardsley will be elected as Grand Master of the Grand Council of Cryptic Masons of the New York, 1985 & 1986. We wish him well during his Journey as I.M. This is the 162 Grand Assembly. There will be a reception for him on Oct. 19, 1985, and we will have more later on.

Our meeting in Sept. will be on the 23rd of Sept. 1985 here in the Masonic Temple, Rochester, N.Y. Plans for the events taking place in the future will be made at this time. Come on out as this is your big time to be in on this grand Session.

At this time we have no sickness or deaths to report. Let's visit or send cards when we can. It helps.

Our recorder would like to be made very happy if some of you would please pay your dues. Can't get along without it. Your help is needed.

Genesee York Rite College #25 will have their Sept. 14, 1985 meeting in the Masonic Temple at Attica at 3 p.m. Just a reminder to all members.

This is short this time. Believe that is all for this time except for saying: "God's due season will not be too early or too late for our needs." A true saying if we but believe. Have fun till next time.

Ill. Master
Frederick S. Holderle
P. Ill. M.-R.E. Huff
Reporter

- ports
- Jan. 17 -- CLOSED
 - Feb. 7 -- Rehearsal
 - Feb. 21 -- CLOSED
 - Mar. 7 -- Tentative Inspection
 - April 4 -- Past Commanders Night
 - April 18 -- Rehearsal
 - May 2 -- Election of Officers
 - May 16 -- Installation

May God Be With You.
Fraternally yours,
Harry C. Coates, Commander

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Lobster Roast On Sunday September 20

The Ex. High Priest Ronald J. Bertie and his wife hope that all of you had a very enjoyable and safe summer. Weatherwise around here it was pretty good. Hope you all are ready to start the fall session.

The official visit of R.E. Almeriam "Bud" Aber, Grand Captain of Host, Grand Chapter, will be at Livonia Chapter No. 311 on September 16th. This a 27th District event and should be well attended. Dinner will be served at the Livonis Inn at 6:30 p.m. Reservations can be made with the High Priest of your Chapter or by calling R.E. Stanley Peterson, 586-1932 before Sept. 9th.

This month we will have a meeting on the 24th 1985. Will discuss what we will be doing this fall. 7:30 p.m., Masonic Temple, Rochester, N.Y.

Our Chapter will have a Lobster Roast on Sunday, Oct. 20th at our Ex. H.P.'s new home. New address is 79 Jefree Line Dr., Rochester, N.Y. 14616. Telephone the same, 225-6348. Reservations are requested by Oct. 15, 1985. \$10 per person. Bring your table service.

During the summer we had a ride on the Bounty on the Bay and there was 25 at the dinner. Enjoyed by all. Had a picnic on July 27, 1985 at Camp DeMolay and we had 19 present.

Coming up on Nov. 2, 1985 there will be a State Wide Chapter Festival. Be sure we have petitions and candidates before that time. Have more on this later on. We will keep you informed.

We have one death to report at this time. Comp. Joseph L. Vialls, who would have been 93 on July 23 this year, died July 11, 1985 in Florida. They had been there for quite some time. He joined our Chapter in 1928 and was a member for 57 years. He had been sick for some time. 50-year pin was presented to him in 1978 by Local Chapter in Florida for us.

There are some Companions who have not paid their dues to the Chapter as yet. Would like to clear this up ASAP. Thanks.

Believe that is all for this time except for saying: "I have to put something in if I want to get something out." Let's all try it. Have fun till next time.

Fraternally yours:
Ronald J. Bertie, Ex. H.P.
P.H.P. R.E. Huff, Reporter

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TEMPLE TRUSTEES NEWS

By Gerald J. Glaser

Greetings:
Now that you've had a calm, restful, and enjoyable summer, let's get back to the real world.

While you folks were enjoying life, we, the trustees, were meeting making news for this column.

From our minutes of June and July (the August meeting is two days hence):

1. An offer to purchase our building was received from the Bethel Full Gospel Church group. Although it is an offer, we are very far apart, and much discussion and deliberation will be forthcoming before we can take it seriously.

2. A letter was received informing us that W.C. Hubbard is merging with Wakan Lodge, so we will lose a tenant and owner next year.

3. The rodeo idea was dropped before it really got off the ground.

4. The proposal received regarding the erection of a sign on the College Avenue side of the building was sent back to the drawing board for more work.

5. A committee will be formed to survey the owners and tenants to see what their thinking, needs, and plans are in the event we sell or leave the building. (In my opinion, we can operate at least until the end of 1986.)

6. Our insurance policy premium has jumped about \$10,000 for this year.

7. We intend to close the building for two weeks per month in January, February and March of 1986, as we have done previously.

8. The business report of the finance committee was submitted to the trustees.

It was approved and will be distributed to the necessary parties.

9. A motion to install emergency telephones on each floor at a cost of about \$1,525 was passed and will be implemented as soon as we can find the funds to pay for it.

10. At present, the following is a list of owners who owe the first assessment and the amounts.

- Ancient Craft \$760
- Damascus Temple 20,850
- Germania 1,690
- Corinthian Temple 750

It was also reported that Damascus Temple is sending request letters to its members, and we hope to have their amount reduced significantly.

11. We received a gift of \$2,000 and will shortly receive a bequest of \$2,000.

How many of you saw a letter to the editor regarding the Masonic Temple in the Rochester Times Union of Monday, July 29, 1985?

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ANCIENT CRAFT LODGE No. 943
2nd and 4th Wednesdays



Brethren,
Our summer recess is over and now its time to think about our fall and winter schedule. I hope you and your family had a joyful and relaxing summer.

On a sad note, we lost three members over the late spring and summer. They are W.B. Frederick Hartley on May 4th, Brother George Dunbar June 22nd and Brother Robert (Bob) Lockhart on July 31st. All three Brothers had a Masonic Service. My thanks to W.B. Franklin Granata and R.W. Lee Perkins for doing an excellent job of conducting these services.

One interesting note, Brother George Dunbar's son who is also a Mason, flew in from Germany to join in our funeral service. He belongs to a lodge in Germany.

Two other items of interest. First, our new secretary is R.W. Lee Perkins (see his column). Secondly, W.B. Maynard Edmeston has joined several of us in retirement. Good luck, Maynard.

I am very grateful to our Jr. Warden Robert Lauth for coming up with a new mailing and calling list for the lodge. This was a tremendous job and we certainly appreciate it. We hope to have all on the list called on or communicated with before the year is done.

Fraternally,
R.W. Keith L. Masten
Master

FROM THE SECRETARY'S CORNER

Brethren,
Ancient Craft Lodge has a new Secretary. At the last meeting in June I was elected to serve for the remainder of 1985. My mail address is:

Leon R. Perkins
6527 Break of Day Road
Victor, N.Y. 14564
Phone: (716) 924-5657

I would like to hear from any brother who has a problem that needs to be resolved, or has advice and counsel to offer. If you are not receiving your Monroe Masonic newspaper or the Empire State Mason magazine, or if you have changed your address in the last couple of years, please let me know so I can take corrective action.

There are several brothers who are behind in their dues. Please take the time to send me a check and get current. Our Lodge is in dire straits financially and we need your dues in order to survive. Masonry also needs you. If you can't attend meetings with us, please attend at a Lodge near you. You'll be glad that you did.

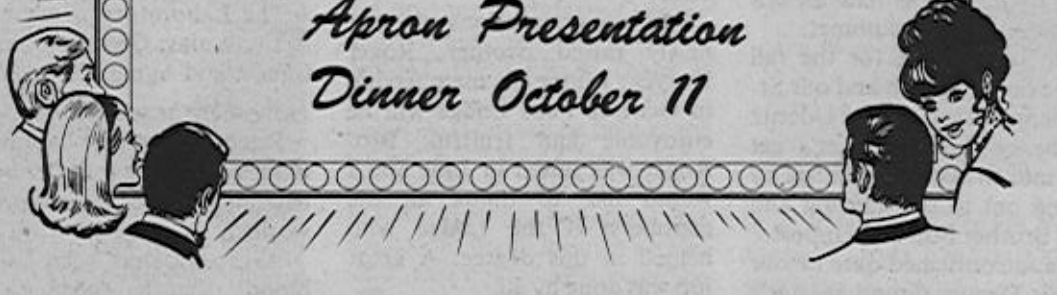
Contributions have been coming in slowly for the Temple Fund. If you have not sent in your \$10 for 1984 and 1985, please do so to help your brothers meet the Temple's expenses.

Here's hoping to see you in Lodge this Fall.

Fraternally yours,
Lee Perkins, Secretary

Coming Attractions!

*Monroe District
Apron Presentation
Dinner October 11*



WEBSTER LODGE No. 538
1st and 3rd Thursdays

We Commemorate First 25 Years

Brethren:
It is with sorrow that I report the passing of three of our Brothers. Brother Harold G. Haynes passed away on June 28, Brother Claude E. Rewell passed away on July 4, and Wor. Brother Emerson C. Struck passed away on August 2. We extend our sympathy to the families of our departed Brothers.

I hope that you have enjoyed a safe and enjoyable summer, and that you will join us at Lodge on September 5, when we resume our Masonic Labor for the fall session. Our Jr. Warden, Wm. J. Kuehne will host our traditional Corn & Sausage Roast at 6:30.

I wish to express my gratitude to all the Brothers that helped in supporting the Webster Good Neighbors Days event at Corning Park, especially Bro. Niketas J. Haldoupis, who gave up a large portion of his vacation to help in most areas of the operation. Special thanks, too, to Wor. Brother George R. Bracht, Master of Fairport Lodge #476, and all the Fairport Lodge Brothers that assisted us. A full report of the event will be presented at our September 5th meeting.

Webster Chapter #171 O.E.S. has asked our Lodge to serve the Homecoming Dinner on September 20, at 6 p.m. Please call me at 424-4966 to sign up.

Be sure to attend the 25th annual exchange visit with Ionic Lodge on September 28. Jr. Warden, Wm. J. Kuehne will be in the East to exemplify the First Degree for our Canadian Brothers. A program to commemorate the first 25 years will follow in the dining room.

Our Fall Class will get underway on October 3rd with the conferral of the First Degree.

Fraternally,
L. Warren Patterson
Senior Warden

- TRESTLEBOARD**
- Sept. 5 - Corn and Sausage Roast/ Regular Communication
 - Sept. 12 - Fellowcraft Club
 - Sept. 19 - Regular Communication
 - Sept. 20 - O.E.S. Homecoming Dinner/ Masons to Serve
 - Sept. 28 - Ionic Lodge visits Webster - 25th year of exchange visits.



Can Life Be Extended?

National Institute on Aging

Why do people grow old and die? Can anything be done to slow aging or extend life? These questions have been around as long as man himself, but there are still no simple answers.

Each day scientists learn more about changes in the human body as it ages. But why these changes occur is still a mystery. Most scientists believe that aging is a complex process involving many body systems.

What Causes Aging?

There are many theories about why aging and death occur. All of them focus on what happens in the body's cells as time goes by. Changes occur which alter the cells' ability to function. When enough cells are altered, aging changes — and finally death — result.

Some theories of aging suggest that such changes are due to a built-in genetic program. Just as early growth and development follow a set timetable, so do maturity, aging, and death. (The life-life timetable, however, is much more variable than the early-life one.)

Other theories assume that aging is caused by damage that occurs in various body systems throughout life. Such damage could be caused by "wear and tear", harmful substances that we breathe and eat, or natural processes within the body. The "damage" theories hold promise that such changes might someday be corrected or avoided and life expectancies extended. However, they also have opened the way for aging 'treatments' that scientists do not endorse.

Proposed "Antiaging" Treatments

One damage theory says that aging is caused by free radicals. These chemicals are produced naturally in all animals that use oxygen. They bounce around inside body cells, often damaging their membranes and the vital proteins, fats, and DNA

(deoxyribonucleic acid) within them.

To protect itself, the body uses "antioxidants", compounds which block much of this free radical damage. Some antioxidants, such as SOD (superoxide dismutase), are produced in the body. Others (vitamins A and C and the minerals zinc and selenium, for example) are gotten from food.

Based on this theory, some people suggest that you can extend your life by taking large amounts of antioxidant supplements. There is no evidence that this will work. The body's needs for antioxidants can be met by eating a variety of nutritious foods. There is no reason to believe that extra amounts will do a better job of fighting free radicals. Furthermore, taking large doses of some of these vitamins and minerals can be harmful. Oral supplements of antioxidants such as SOD have no effect because they are digested before body cells can use them.

Another theory says that aging results from a slow buildup of damage to the DNA in body cells. DNA directs the machinery of every cell. Eventually, DNA damage would cause cells, then body tissues and organs, to break down or die.

Supplements containing DNA and RNA (ribonucleic acid, which works with DNA in the cell) are being sold to slow aging, cure senility, and treat skin and hair changes. Again, there is no scientific evidence to support such claims. Like SOD, DNA and RNA preparations are useless because the body cannot absorb them.

According to another theory, changes in body hormones are responsible for aging. At some point, a gland such as the pituitary releases a hormone (or fails to produce one) and aging changes begin.

For example, scientists have shown that a hormone called D H E A (dehydroepiandrosterone) which is pro-

duced in the adrenal gland may play a role in aging. Young humans have higher levels of DHEA in their blood than do older ones, and DHEA supplements seem to help laboratory rats stay healthy and live longer.

Because of these findings, a preparation labelled DHEA is being sold as a life extender. However, the tablets contain such small amounts of DHEA that they could not possibly have an effect. Furthermore, DHEA supplements have not been tested in humans. Scientists do not even know if large amounts would affect longevity.

Another theory of aging focuses on the immune system, which is the body's weapon for fighting disease. As people grow older, this system becomes less effective, opening the way for infection by viruses; bacteria, and other disease-producing organisms. As the immune system ages it also tends to lose the ability to tell the difference between the body's own tissues and foreign substances. As a result, cells of the immune system that once would fight invading organisms now attack the body itself, producing diseases.

A way to extend life by delaying aging changes in the immune system was proposed recently. The technique involves reducing the amount of food eaten so that a large percentage of body weight is lost over a period of years. Dietary restriction is known to extend the lives

Continued on Page 10

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Continued from Page-9



Can Life Be Extended?

National Institute on Aging

of laboratory mice and rats, but there is no evidence that it has this effect in humans.

Scientists are studying the aging theories described above. But even if they discover which one (or ones) is correct, there is no guarantee that a way to extend life will result.

Check with a doctor before buying a supplement or making a dietary change. Be suspicious of any product that promises to slow aging, extend life, or produce major changes in appearance or vigor.

Can Anything Be done to Extend Life?

There are no known "anti-aging" treatments, drugs, or supplements that slow aging or extend life. But your chances of staying healthy and living a long time will improve if you:

- Don't smoke
- Eat a balanced diet and maintain your desirable weight
- Exercise regularly
- Have regular health checkups, see a doctor when you detect a problem, and follow a doctor's advice when taking medications
- Stay involved with family and friends
- Allow time for rest and

**GENESEE FALLS LODGE
No. 507
2nd Thursday**

Bro. Roger Duryea Raised June 1

Brethren,
With the summer drawing to a close, it's time again to get back to the business at hand. I hope each of you had an enjoyable and restful summer.

Our 1st meeting for the fall will be on Sept. 12th and our Sr. Warden Brother Robert Uderitz will be in the East. Let's get back into the swing of things by coming out to the meeting and show Brother Bob our support.

The unconfirmed date of our District Deputy Grand Master's visit by R.:W.: Martin Reitz is Oct. 10th. At this meeting our certificates for years of membership will be awarded. Watch the October issue for further information.

A good time was had by all at our summer steak roast which was held at Webster Park on

relaxation

- Get enough sleep
- Stay active through work, recreation, and community activities
- Drink alcoholic beverages in moderation, if at all, and don't drive after drinking
- Use seatbelts
- Avoid overexposure to the sun and cold
- Practice good safety habits at home to prevent accidents such as fires and falls.

It also helps to have a positive attitude toward life. Expect to live a long time. Plan ahead for housing and financial security. Find out what makes you happy and do it.

U.S. Department of health and Human Services, June 1984.

Aug. 3rd. Hots, hamburgs and a delicious steak, combined with many good dishes of food prepared and brought by those who came. The weather was just great and warm enough to consume many cans of pop and glasses of beer. My thanks to Bro. John Bryce, Bro. Bob Uderitz, their wives, and everyone else who helped in any way to make this event a success.

My congratulations to our newly raised Brother, Roger Duryea. I hope his membership in Genesee Falls Lodge will be enjoyable and fruitful. Bro. Roger was raised in June and I would like to thank all the members of the Lodge who helped in this degree. A great job was done by all.

I would also like to express my apology to the members of Genesee Falls Lodge for my lapse in getting news letters in the Masonic News. It was brought to my attention by one of our members how important and enjoyable it is to our sick and shut-ins, those living out of town and those who are unable to attend lodge for many reasons. I want to thank this member for his comments and I realize the importance of News Letters. I will endeavor not to miss again, and will attempt to keep everyone informed of Lodge events and news thru the Masonic News or Lodge letters as I have in the past.

Remember Brothers that the best way to keep abreast of Lodge news is to attend meetings whenever possible. Your attendance and support is always greatly appreciated.

Fraternally,
Harry D. Edick
Master

SICKNESS AND DISTRESS:

Worshipful Tom Heller was in the hospital for an operation and is now home and feeling O.K.

Brother Ronald Milner was also a hospital patient for an operation and is now recuperating at home.

The following brothers have been recently called home by the Supreme Architect of the Universe:

- Brother Everett Noble called home on June 19, 1985
- Brother Ruben Cohen called home on July 8, 1985
- Brother Asdale Bevan called home on August 1, 1985

Trestleboard

- Sept. 12 - Regular Meeting - Sr. Warden in the East - Lunch
- Oct. 10 - Regular Meeting - Unconfirmed D.D.G.M. visit - Awards Night - Lunch

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"History of Masonry in Monroe County"
Author
R.:W.: Herman A. Sarachan 33°
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Q&A

What types of research are carried on?

The Laboratory is currently engaged in the studies of Cardiac Arrhythmias; Gerontology; Hypertension; the relationship between Cancer and Aging; Blood Substitutes.

Have there been any breakthroughs lately?

Scientists at the Laboratory have developed diagnostic techniques for distinguishing between various types of abnormal heart rhythms. These discoveries are saving countless lives all over the world.

A method has been found to recycle the hemoglobin of "old blood" that has been discarded. The hemoglobin is extracted, freeze-dried and stored. When needed, this oxygen-carrying molecule is complexed with starch polymers and reconstituted into a solution having the properties of whole blood.

One of our scientists, working in conjunction with colleagues in Sweden, has developed the basis for a cure for Cholera.

There is work being done with Vitamin "A" which may play an important role in preventing Cancer. The staff is also investigating the mechanisms of production of Cancer by a variety of chemicals called "Carcinogens".

The Laboratory is currently testing compounds that act to remove toxic substances that accumulate in the body with age. In some cases, administration of these agents in combination with specific restrictions of dietary intake have resulted in the doubling of the life spans of the animals studied. These studies have significantly advanced our understanding of the dietary requirements of the elderly.

Studies in the area of Hypertension have been adopted by a major company to develop a new cardiovascular drug.

Not a week goes by without some "breakthrough". Each successful experiment answers another question, and adds another bit of information to the mosaic of scientific information.

How is the laboratory staffed?

Currently, there are 11 professional scientists, Ph.D.'s and M.D.'s; supportive technicians plus administrative and maintenance personnel.

Is research the only function?

Although research is the primary function, the Laboratory is also an education institution. The Laboratory provide a ten-week summer fellowship program for students interested in biomedical research careers. Since 1961, a total of 173 individuals have benefited from this program. Our most significant educational activity is vested in the Post-doctoral Fellowship Program. Since its inception, 50 young Ph.D.'s/M.D.'s have spent a period of two years actively working on research problems.

Can I get a speaker from the Lab?

Our Director of Development and Communications, Ronald Kamp, is available to speak throughout the state at any lodge or district function or any of our Board members will do a presentation. We ask that you give the speaker alternate dates to speak with at least 2 weeks advance notice.

We also have the film the "Good Old Days" or a slide presentation available through the mail.

FRANK L. SIMES

LODGE

No. 990



2nd Tuesday

Robert J. Guilfoil, Master

Dear Brethren:

As summer comes to a close, I hope you are all starting to think about coming out to Lodge Tuesday night. We have some very important topics to discuss, one being Lodge housing should the Temple close. The officers and I have several options on alternate housing. A decision will be made after our September Lodge meeting. I encourage you all to come out and take part in this important decision. Bill Baldwin will be preapring a roast beef dinner. Please call Bill for reservations at 924-2644 (evenings).

Our Annual Steak Roast is coming up soon. Mark your calendar and call in your reservations. There will be volleyball, baseball and good fellowship — so bring a dish to pass and join in the fun! All are welcome, so why not bring a friend?

Congratulations to Bob and Debbie Stear who were married on August 24th. Bob and Debbie spent their honeymoon in Paris. Best wishes from all of us at Frank L. Simes Lodge.

I would like to thank Bro. Bill Baldwin and his wife Sharon for hosting the July Picnic. It was a fun day for all.

Under Sickness and Distress, I am please to say that there is nothing to report. Apparently we have had a very nice summer.

TRESTLEBOARD

- Sept. 10, Lodge Meeting, Open 7:45, Doric Hall. Dinner 6:30, Third Floor Cafeteria. Program: "Past Masters Night"
- Sept. 17, Fellowcraft. Place: Don Brown's home. Time: 8:00.
- Sept. 23, Second Degree, (Tentative). Bro. Bill Baldwin in East.
- Sept. 28, Annual Lodge Steak Roast. Place: Mendon Ponds Park — East Lodge. Time: 2:30. Contact Bro. Bill Baldwin for reservations, 924-2644.
- Oct. 8, Lodge Meeting, Open 7:45, Doric Hall. Program: DDGM Official Visit.
- Oct. 15, Fellowcraft. Place: George Williams' home. Time: 8:00.

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The Valley of
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To All Master Masons:

Have you thought about joining Scottish Rite, but no one has ever approached you?

NOW IS THE TIME TO PETITION FOR MEMBERSHIP!! We will have a Fall Reunion Thursday evening, November 7; Friday evening, November 8; and all day Saturday, November 9. During this time you will receive all the mandatory degrees of Scottish Rite. There are no lectures to memorize.

If you would like further information, and we hope that you will, please do not hesitate to phone the Scottish Rite Office (271-0715), or call me at my home (467-1699). Our Secretary is Ill.: Robert P. Zabel, 33°, and he can be reached at the Scottish Rite Office. We are anxious to give you the details, answer your questions, and mail you a petition, if you so desire. NOW IS THE TIME TO ACT!! We would be privileged to include you in our Fall Reunion Class.

We offer you the opportunity to witness the outstanding degrees dramatized so well by our members, congenial fellowship, and to help keep Scottish Rite Freemasonry alive.

Fraternally yours,
**Robert N. Forest, 33°
Commander-in-Chief
Rochester Consistory, S.P.R.S.**

Speakers List At Your Service

The following Board members are available to speak at any lodge or district function. They respectfully request at least two weeks notice and alternate dates for presentations.

R.:W.: Gerald Estelle, Jr.
554 Fall Creek Rd.
Freeville, NY 13068

R.:W.: George H. Getman,
Esq.
PO Box 477
Ilion, NY 13357

R.:W.: William Perlman
157 East 72nd St.
New York, NY 10021

R.:W.: Martin E. Goldstein,
Esq.
72 Alfred Lane
New Rochelle, NY 10804

R.:W.: William A. Harris,
M.D.
210 Sunnycrest Road
Syracuse, NY 13206

R.:W.: Robert J. Lawton, Esq.
39-01 Main St.
Flushing, NY 11354

Ill. Francis G. Paul
507 Hilltop Road
Endwell, NY 13760

R.:W.: John H. Stelter, M.D.
180 Genesee St.
Geneva, NY 14456

R.:W.: J.G. Fred Hiss, M.D.
811 Park St.
Syracuse, NY 13208

R.:W.: Kenneth L. Morris
18 Fairway East
Sayville, NY 11782

R.:W.: John K. Mountford,
Esq.
Theriot Ave.
Chestertown, NY 12817

R.:W.: T. George Abernethy
4740 So. Ocean Blvd. #502
Highland Beach, FL 33431-5352

R.:W.: Emanuel Dick
232 East 9th St.
New York, NY 10003

R.:W.: Max L. Kamiel
295 Dover St.
Brooklyn, NY 11235

R.:W.: Sven R. Mossberg
454 Prospect Av. Villa 69
West Orange, NJ 07052

R.:W.: Paul N. O'Neill
4501 Orchard Place
Gasport, NY 14067

R.:W.: Eugene D. Schmidt
88-36 81 Road
Glendale, NY 11385

M.:W.: Raymond C. Ellis
217 Broadway, Room 414
New York, NY 10007

M.:W.: Ernest Leonardi
28 Colonial Rd.
Floral Park, NY 11001

Ill. John H. Van Gorden
3 Manor Lane
Binghamton, NY 13905

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Aging Research Studied At MMRL

By Ron Kamp, M.M.R.L.

There are now more than 25,000,000 Americans over the age of 65 and 32,000 Americans have passed the 100 year old mark. Never before in all of human history have so many people lived so long. The average person in 1900 lived to be 45 years old and during the height of the Roman Empire the average person lived to be only 26.

In the near future the over 65 age group will be the fastest growing group in our population. The social and medical problems presented by this unprecedented growth in the number of older Americans will be enormous. Fortunately, the founders of the Masonic Medical Research Laboratory had the foresight to prepared for some of the needs of the elderly more than 26 years ago when they initiated a research program in gerontology, the study of the aging process. The work in gerontology at the Masonic Medical Research Laboratory began at a time when few people had even heard the word. Today gerontological research at the MMRL is well known to scientists and social planners all over the world.

Medical problems for young people have been primarily infectious diseases and accidents. We now know how to prevent and control most of these problems. For older people (and this group probably includes everyone over 40 years of age) the primary medical problems are cancer and heart disease. Bone and muscle problems are also of concern to mature adults. For many people the so called golden years aren't so golden. At the MMRL we are attempting to define what aging really is. When and if we are

able to do this we then will have the means for possibly eliminating many of the physical problems associated with aging.

Our major areas of emphasis now are:

1. We have found that mitochondrial DNA breaks down with aging. This type of DNA is found outside the nucleus but within the cell. If you don't have this DNA you lose the information for how to make the energy molecule, ATP, which keeps us going.

2. The real question now is what causes the mitochondrial DNA to break down in the first place. If we can find the answer to this question then we may have the answer to the even more interesting question of what causes us to grow old. We are experimenting with the idea that certain metal ions (an ion is just a form of any metal which dissolves in water) can destroy this type of DNA. One of these metal ions is cadmium. It accumulates in your body as you grow older through eating foodstuffs. Cadmium causes aging, cancer, and high blood pressure. With a little effort most of us can keep our cadmium intake to a very low level. Meanwhile we are trying to find a way for removing the cadmium already in your body.

We've also found that aluminum and iron ions can increase the rate of aging. We consume aluminum from some products packaged in aluminum containers, and digestion of antacids.

Iron is necessary in our diet but there is no need for supplements unless you're sick. Iron can be toxic and it too can accumulate in the body as we grow older.

In the future we hope to be able to tell all of you how to live a long and energetic life. With your continued support, that goal could be achieved sooner than most people believe.

Dr. Harold R. Massie directs the Lab research in the field of Gerontology. Dr. Massie received his Ph.D. in 1967 from the Univ. of California, San Diego. Before coming to the Masonic Medical Research Lab in 1970 he completed his Postdoctoral studies in Biochemistry at Harvard Univ. He and his wife have four children 9, 13, 22, and 24 and reside in New Hartford. Dr. Massie is a member of Amicable Lodge #664.

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Past Masters' Night September 19th

Brethren:

The Fall season is already upon us; where does the time go? Before looking ahead to September I must back track to June and extend my heartfelt thanks to all the Brothers, wives and friends of Northfield who contributed so generously of their time and effort to make the Sausage stand and Strawberry Festival such outstanding successes. I'm not sure of the profit on the stand but we cleared over \$400 on the Festival.

The first event in September will be an informal, picnic style dinner on Thursday, September 12th to honor our new Grand Steward, R.:W.: Jack S. Thibaut. The main course will be either steak or 1/2 chicken and the cost will be only what is needed to cover expenses and therefore cannot be quoted at this writing. Attitude adjustment begins at 6 p.m. with dinner at 6:45. Wives, girlfriends, and friends are invited but reservations are a must. They can be made with Bob Zahn at 381-3032 and should be in by Monday, September 9th, at the very latest.

September 19th will be Past Master's Night with W.: Bob Campbell in charge. It is also Awards Night and our D.D.G.M. R.:W.: Martin J. Reitz will be present. There is a 50 year pin and some 25 year certificates to be given out so please make every effort to attend.

Looking ahead to October we will confer the first degree on the 3rd with W.: Herb Hirsch in the East. A dinner will precede the degree and if you aren't called and want to come to the dinner please call Bro. Wiles Converse at 381-3779 by Monday, September 30th. Also, mark Friday, October 11th on your calendar for the Monroe Districts Apron Presentation Dinner. Wives and friends are

... Visiting V.A.
Hospitals Makes
"Smiles... On a Lot
of Wonderful Faces"

Ernes Efram "Ernest Borgnine"

Star of stage, screen, radio and T.V. has been described as a warm, friendly, considerate man. Born in 1917 in Connecticut. His mother was the Contessa Boselli of Capri, Italy and his father was a Turin metallurgist. Brother Borgnine was educated in the New Haven Public Schools with his dramatic education taken in Virginia, which prepared him for his long and successful career as an actor.

His symbolic degrees of Masonry were taken in Abington Lodge #48, Abington, Virginia. He later affiliated with Hollywood Melrose Lodge No. 355 in Hollywood, California. He is a member of the Scottish Rite Bodies of Los Angeles and is a 33° Mason. Also a member of Al Malaikah Shrine Temple and the Show Business Shrine Club, serving as president in 1968. He often takes part in the degrees when time permits.

"Ernie" spent 10 years in the Navy as a Gunners Mate and went to Drama School under the G.I. Bill of Rights. He went overseas with a Shakespearean troop and gave 11 performances of Hamlet at Kronburg Castle, Elsinore, and then entertained the troops in Europe. He has been in over 200 radio and TV shows. One of the most popular and memorable was his long TV series in McHale's Navy. In 1955 Brother Ernest reached the goal of every screen star when he won the Oscar in the Oscar winning movie MARTY. We appreciate his interest in our M.S.A. National Hospital Visitation Program and his taking part as a M.S.A. Volunteer on many occasions.

welcome at this event and are strongly encouraged to attend. I would like to see at least 3 full tables from Northfield! R.:W.: Jack deserves our support.

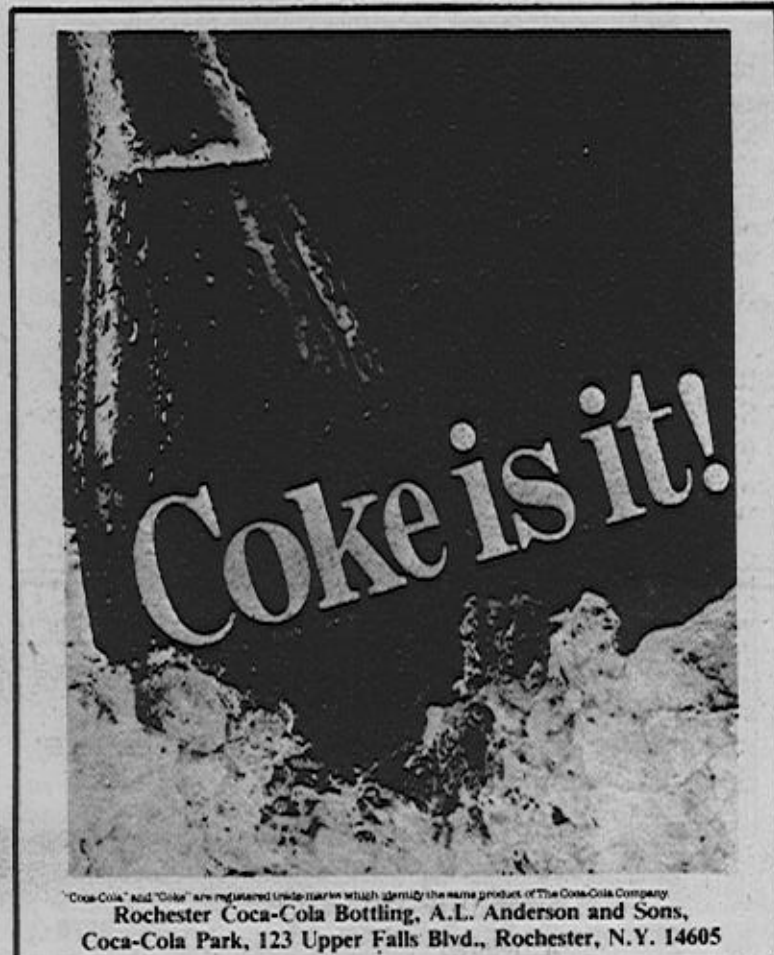
I would be remiss if I didn't thank W.: Don Smith and Bros. Bill Harvey and Dick Kreager for the long hours spent adding to and updating our electrical system.

Trestleboard

September 12th - Dinner
September 19th - Past Masters
and Awards Night

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MASONIC CALENDAR

September 1985

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 LABOR DAY Labor Day	3 GROTTO — Board of Governors YONNONDIO — No meeting CHARLOTTE — Open (sport shirt)	4	5 WEBSTER — Reg. meet Corn & Sausage	6	7 UNION STAR — Lodge Cleanup 9:00 AM
8	9 SHRINE — Lunch Club GROTTO — Legion of Honor dinner-meeting ROCHESTER — 1st meeting HUBBARD — Meeting & Dinner FAIRPORT — Past Master's Night UNION STAR — Reg. meeting	10 YONNONDIO — Officers meeting SIMES — Program meeting	11 CHURCHVILLE — Open meeting	12 GROTTO — ESGA, Jamestown WEBSTER — Fellowcraft NORTHFIELD — Dinner GENESEE FALLS — Reg. meeting	13 GROTTO — ESGA, Jamestown	14 GROTTO — ESGA, Jamestown
15	16 SHRINE — Lunch club JOHN ROBERTSON — Reg. meeting	17 YONNONDIO — Business meeting CHARLOTTE — 1st degree SIMES — Fellowcraft	18 CALDRON — Supreme, Ind.	19 CALDRON — Supreme, Ind. WEBSTER — Reg. meeting NORTHFIELD — Past Masters Night	20 CALDRON — Supreme, Ind. COMMANDERY — Grand conclave WEBSTER — We serve dinner	21 CALDRON — Supreme, Ind. COMMANDERY — Grand conclave
22	23 SHRINE — Lunch club HUBBARD — Dinner meeting official visit FAIRPORT — 1st Degree (Tux) SIMES — 2nd Degree (?) UNION STAR — Rehearsal - Meeting	24 GROTTO — Patrol YONNONDIO — Fellowcraft	25 GROTTO — Past Monarch's Night	26 GROTTO — Entertainment committee meeting	27	28 WEBSTER — 25 Year celebration SIMES — Annual Steak Roast
29	30 SHRINE — Lunch club GROTTO — Officers' meeting CHURCHVILLE — Euchre Tournament					

ERNEST BORGNINE



Mr. Thomas R. Dougherty, PGM
Director, Hospital Visitation
The Masonic Service Association
of the United States
8120 Fenton Street
Silver Spring, MD 20910

Dear Brother Dougherty;

On the many occasions when it is necessary for me to travel to different locations around the country I try to take time to visit Veterans Hospitals. Being a veteran myself and, of course, being in the public eye, always seems to perk up the boys who unfortunately have to remain in hospitals.

I don't like to "broadcast" it, but I like to visit those Veterans Hospitals just to see those smiles perk up and a lot of wonderful faces.

God bless and keep up the good work you are doing with your Masonic Service Association.

Sincerely and fraternally,

Ernest Borgnine
Ernest Borgnine, 33°



"You don't say! Why I'm a Mason myself!"



"And another thing, I wish you wouldn't refer to my Masonic meetings as 'doing my thing!'"

MASONIC QUESTIONS ANSWERED

Send Questions to: Allied Masonic Degrees, c/o Masonic Service Bureau
875 E. Main St., Rochester, N.Y. 14605



CIRCUMAMBULATION

Circumambulation did not begin with Masonry nor will it end with Masonry. As a matter of fact, the rite of traveling around the altar in a clockwise direction had its beginning in the earliest religious rite.

The custom of traveling in a clockwise direction symbolize the path taken by the sun over the earth. Rising in the east it travels by way of the south of the west and sets, only to return by way of the north or the dark side of the earth to rise again the following day.

In the mystic rites of the ancients the number of times with which the High Priest circumambulated the altar indicated the number of days he wishes to indicate in his religious rite.

Circumambulation was and is practiced by many religious cults. To list a few of the more commonly recognized examples besides the Roman Catholic processions, there are the African tribes who, to this day, always dance around a fire or

religious symbol in a clockwise direction. All of the American Indians traversed their fires in a clockwise direction. The Pueblo people always circumambulated their fields before planting. By the way they held their hands while ambulating the fields they indicated how many days of sunshine and how many days of rain they desired of the great spirit. Each trip around the field indicated one day.

From the early Egyptian dancing to the present day dancing in all countries the custom of moving in a circle has continued down through the ages. But during the evolution of man the original religious meaning of circumambulation has been forgotten and today in the Christian nations the direction of the ambulation has been changed to counter-clockwise.

But to the student Mason let me say that circumambulation is a religious rite and regardless of how it is used symbolically in the Masonic order it will always indicate the path of the sun around the earth and each circle will indicate one day of time.

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